

Public health funding: Strong investments in public health allow a state to carry out programs that improve health. Virginia receives \$15.39 per person in funding from CDC (50th in the nation) and \$21.09 per person from HRSA (44th in the nation). The Prevention and Public Health Fund has awarded over \$68 million in grants to Virginia since 2010 for community and clinical prevention efforts and improvements to public health infrastructure.

Access to care: 9.1 percent of people in Virginia do not have health insurance coverage. The national uninsured rate is 9.4 percent. The number of practicing primary care physicians is also an important measure of health care availability. Virginia has 138.1 active primary care physicians per 100,000 people, which is below the national average of 145.3 practicing primary care physicians per 100,000 people.

Notable health measures

- **Drug deaths:** Virginia has the 7th lowest drug death rate in the nation with 10.1 deaths per 100,000 people.
- **Infant mortality:** In the past five years, infant mortality decreased 18 percent from 7.3 to 6.0 deaths per 1,000 live births. However, while having made progress to reduce infant mortality, the state infant mortality rate remains consistently higher than that of other developed countries.
- **Violent crime:** Virginia has the 3rd lowest violent crime rate in the nation with 196 offenses per 100,000 people.

The challenges ahead

- **Tobacco use:** In the past year, smoking decreased 15 percent from 19.5 percent to 16.5 percent of adults. Yet, each year, 10,300 adults die from smoking-related illnesses in Virginia and \$3.1 billion is spent on health care costs due to smoking.
- **Obesity:** 29.2 percent of adults in Virginia are obese. The obesity rate has nearly tripled since 1990. Obesity contributes to poor general health and is a leading factor in preventable diseases.
- **Diabetes:** In the past year, diabetes increased 6 percent from 9.7 percent to 10.3 percent of adults.

Sources: Trust for America's Health, Investing in America's Health; Trust for America's Health, Prevention and Public Health Fund at Work in States; U.S. Census Bureau, 2013, 2014, and 2015 1-Year American Community Surveys; United Health Foundation, America's Health Rankings; Centers for Disease Control and Prevention, National Tobacco Control Program Funding.