

Public health funding: Strong investments in public health allow a state to carry out programs that improve health. Oregon receives \$21.43 per person in funding from CDC (29th in the nation) and \$31.42 per person from HRSA (17th in the nation). The Prevention and Public Health Fund has awarded over \$52 million in grants to Oregon since 2010 for community and clinical prevention efforts and improvements to public health infrastructure.

Access to care: 7 percent of people in Oregon do not have health insurance coverage compared with the national uninsured rate of 9.4 percent. The number of practicing primary care physicians is also an important measure of health care availability. Oregon has 139.6 active primary care physicians per 100,000 people. Nationally, there are 145.3 practicing primary care physicians per 100,000 people.

Notable health measures

- **Low birthweight:** In Oregon, 6.2 percent of live births are low birthweight, the 2nd lowest rate in the nation.
- **Physical inactivity:** 18.8 percent of the adult population reports doing no physical activity, which is better than the national average of adults who do not engage in physical activity, ranking the state 2nd best in the nation.

The challenges ahead

- **High school graduation:** 73.8 percent of students graduate from high school in Oregon. This is the 3rd lowest high school graduation rate in the nation. This is of public health concern as there is a strong connection between education and health. People with higher levels of education are more likely to adopt healthy behaviors.
- **Mental distress:** 13.6 percent of adults reported their mental health was not good 14 or more days in the past 30 days, ranking 42nd in the nation.
- **Obesity:** In the past year, obesity increased 8 percent from 27.9 percent to 30.1 percent of adults. The adult obesity rate in the state has more than doubled since 1990. Obesity contributes to poor general health and is a leading factor in preventable diseases.
- **Diabetes:** In the past year, diabetes increased 19 percent from 9.0 percent to 10.7 percent of adults.

Sources: Trust for America's Health, Investing in America's Health; Trust for America's Health, Prevention and Public Health Fund at Work in States; U.S. Census Bureau, 2013, 2014, and 2015 1-Year American Community Surveys; United Health Foundation, America's Health Rankings.