

**Public health funding:** Strong investments in public health allow a state to carry out programs that improve health. Hawaii receives \$31.76 per person in funding from CDC (8th in the nation) and \$46.83 per person from HRSA (8th in the nation). The Prevention and Public Health Fund has awarded over \$33 million in grants to Hawaii since 2010 for community and clinical prevention efforts and improvements to public health infrastructure.

**Access to care:** 4.0 percent of people in Hawaii do not have health insurance coverage well below the national uninsured rate of 9.4 percent. The number of practicing primary care physicians is also an important measure of health care availability. Hawaii has 172.6 active primary care physicians per 100,000 people, ranking well below the national average of 145.3 practicing primary care physicians per 100,000 people.

## Notable health measures

- **Obesity and physical activity:** Obesity contributes to poor general health and is a leading factor in preventable diseases. While the state boasts the lowest rate in the nation with 20.2 percent of adults obese, the obesity rate has tripled in Colorado over the past two and a half decades. The state also boasts the lowest rate of physical inactivity among adults with 17.9 percent of adults reporting doing no physical activity in the past 30 days.
- **Cancer deaths:** Cancer is the 2nd leading cause of death in the nation. The cancer rate in Colorado is the 3rd lowest in the nation with 161.8 deaths per 100,000 people.
- **Chlamydia:** In the past year, the number of new cases of chlamydia increased 6 percent from 393.0 to 415.0 cases per 100,000 people.

## The challenges ahead

Based on a variety of health measures, Hawaii has ranked as the healthiest state for the past five years. However, the state still faces health challenges, including:

- **Excessive drinking:** 20.5 percent of the adult population reports excessively drinking, ranking the state as the 8th highest in the nation. Excessive alcohol use can lead to fetal damage, liver diseases, high blood pressure, cardiovascular diseases and other major health problems.
- **Salmonella:** Hawaii has the 6th highest rate of Salmonella in the U.S. with 23.0 cases per 100,000 people.
- **Obesity:** Obesity contributes to poor general health and is a leading factor in preventable diseases. While the state boasts the 2nd lowest rate in the nation, the obesity rate has increased from 9.1 percent of adults in 1990 to 22.7 percent of adults in 2016.

Sources: Trust for America's Health, Investing in America's Health; Trust for America's Health, Prevention and Public Health Fund at Work in States; U.S. Census Bureau, 2013, 2014, and 2015 1-Year American Community Surveys; United Health Foundation, America's Health Rankings.